

# Start End Time Update IV

October 23, 2019



# Charge from Board

- Superintendent provides a recommendation to the board that considers:
  - Research findings on sleep for adolescence
  - Experiences of other districts
  - Benefits to students
  - Implications for families and district operations
  - **Input from stakeholders**

# Tentative Agenda and Timeline

- May 23 Introductions/ Info Gathering
- June 19 Information Gathering
- August 15 Information Gathering
- September 19 Feedback Gathering
- **October 17 Feedback Gathering**
- November 21 Recommendation Development
- December 19 Recommendation Development
- Sept 2019 – Sept 2020 Communications
- January Board Meeting Superintendent Presents Recommendation

# Meeting Topics

- Review
  - Survey results
  - What does it tell us and what else is needed
- Options
  - Which to move forward?
  - Gather more info about options
- What next steps are needed

## Current Option

7:00 AM - 8:00 AM +/- 10 Minutes Tier 1		8:00 AM - 9:00 AM +/- 10 Minutes Tier 2		9:00 AM - 10:00 AM +/- 10 Minutes Tier 3	
School	Times	School	Times	School	Times
Fairview	7:25 - 2:05	Esquire Hills	8:20 - 2:35	Brownsville	9:10 - 3:25
Ridgetop	7:25 - 2:05	Hawk	8:20 - 2:35	Clear Creek	9:10 - 3:25
CK High	7:50 - 2:35	PineCrest	8:20 - 2:35	Cottonwood	9:10 - 3:25
Klahowya	7:50 - 2:35	CK Middle	8:50 - 3:30	Cougar Valley	9:15 - 3:30
Olympic High	7:50 - 2:35	Barker Creek	8:05 - 2:35	Emerald Heights	9:10 - 3:25
<b>Draft 2020 - 2021 School Start and End Times</b>  <b>Option Current</b>  First bus stop pickup at 6:19 AM. Schools may start and end + or - number of minutes mentioned				Green Mountain	9:10 - 3:25
				Silverdale	9:15 - 3:30
				SilverRidge	9:10 - 3:25
				Woodlands	9:10 - 3:25

## Option 3

7:00 AM - 8:00 AM +/- 10 Minutes Tier 1		8:00 AM - 9:00 AM +/- 10 Minutes Tier 2		9:00 AM - 10:00 AM +/- 10 Minutes Tier 3	
School	Times	School	Times	School	Times
Barker Creek	7:50 - 2:35	Emerald Heights	8:30 - 2:45	Brownsville	9:45 - 4:00
CK High	7:50 - 2:35	Hawk	8:30 - 2:45	Clear Creek	9:45 - 4:00
Klahowya	7:50 - 2:35	SilverRidge	8:30 - 2:45	Cottonwood	9:45 - 4:00
Olympic High	7:50 - 2:35	CK Middle	8:50 - 3:35	Cougar Valley	9:20 - 3:35
<b>Draft 2020 - 2021 School Start and End Times</b> <b>Option 3</b> Goal is to have first bus stop pickup at 7:00 AM or later. Schools may start and end + or - number of minutes mentioned		Fairview	8:30 - 3:15	Esquire Hills	9:45 - 4:00
		Ridgetop	8:30 - 3:15	Green Mountain	9:20 - 3:35
				PineCrest	9:45 - 4:00
				Silverdale	9:45 - 4:00
				Woodlands	9:45 - 4:00

## Option 1

7:00 AM - 8:00 AM +/- 10 Minutes Tier 1		8:00 AM - 9:00 AM +/- 10 Minutes Tier 2		9:00 AM - 10:00 AM +/- 10 Minutes Tier 3	
School	Times	School	Times	School	Times
Brownsville	7:50 - 2:05	Clear Creek	8:10 - 2:25	CK Middle	9:30 - 4:15
Cottonwood	7:50 - 2:05	Cougar Valley	8:10 - 2:25	Fairview	9:10 - 3:55
Emerald Heights	7:50 - 2:05	Green Mountain	8:10 - 2:25	Ridgetop	9:10 - 3:55
Esquire Hills	7:50 - 2:05	Barker Creek	8:30 - 3:15		
Hawk	7:50 - 2:05	CK High	8:30 - 3:15		
PineCrest	7:50 - 2:05	Klahowya	8:55 - 3:40		
Silverdale	7:50 - 2:05	Olympic High	8:30 - 3:15		
SilverRidge	7:50 - 2:05	Draft 2020 - 2021 School Start and End Times			
Woodlands	7:50 - 2:05	Goal is to have first bus stop pickup at 7:00 AM or later. Schools may start and end + or - number of minutes mentioned			

## Option 4

7:00 AM - 8:00 AM +/- 10 Minutes Tier 1		8:00 AM - 9:00 AM +/- 10 Minutes Tier 2		9:00 AM - 10:00 AM +/- 10 Minutes Tier 3	
School	Times	School	Times	School	Times
Emerald Heights	7:50 - 2:05	Barker Creek	8:30 - 3:15	Brownsville	9:45 - 4:00
Hawk	7:50 - 2:05	CK High	8:50 - 3:35	Clear Creek	9:20 - 3:35
SilverRidge	7:50 - 2:05	Klahowya	8:30 - 3:15	Cottonwood	9:45 - 4:00
CK Middle	7:50 - 2:35	Olympic High	8:30 - 3:15	Cougar Valley	9:20 - 3:35
Fairview	7:50 - 2:35	<div>Draft 2020 - 2021 School Start and End Times Option 4</div> <div>Goal is to have first bus stop pickup at 7:00 AM or later. Schools may start and end + or - number of minutes mentioned</div>		Esquire Hills	9:45 - 4:00
Ridgetop	7:50 - 2:35			Green Mountain	9:20 - 3:35
				PineCrest	9:45 - 4:00
				Silverdale	9:20 - 3:35
				Woodlands	9:45 - 4:00

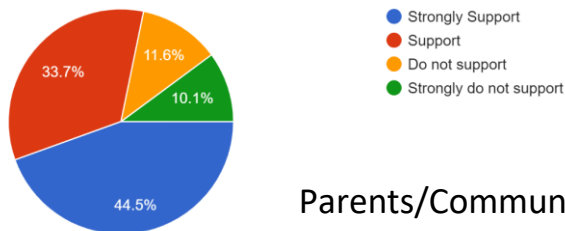
## Option 2

7:00 AM - 8:00 AM +/- 10 Minutes Tier 1		8:00 AM - 9:00 AM +/- 10 Minutes Tier 2		9:00 AM - 10:00 AM +/- 10 Minutes Tier 3	
School	Times	School	Times	School	Times
Brownsville	7:50 - 2:05	Cougar Valley	8:10 - 2:25	CK High	9:10 - 3:55
Clear Creek	7:50 - 2:05	Emerald Heights	8:30 - 2:45	Olympic High	9:10 - 3:55
Cottonwood	7:50 - 2:05	Green Mountain	8:10 - 2:25	Barker Creek	9:10 - 3:55
Esquire Hills	7:50 - 2:05	Hawk	8:30 - 2:45	<b>Draft 2020 - 2021 School Start and End Times</b>  <b>Option 2</b>  Goal is to have first bus stop pickup at 7:30 AM or later. Schools may start and end + or - number of minutes mentioned	
PineCrest	7:50 - 2:05	SilverRidge	8:30 - 2:45		
Silverdale	7:50 - 2:05	CK Middle	8:10 - 2:55		
Woodlands	7:50 - 2:05	Fairview	8:30 - 3:15		
		Ridgetop	8:30 - 3:15		
		Klahowya	8:55 - 3:40		

# SUPPORT FOR CHANGE

I support changing school times in light of the latest research regarding the teen brain.

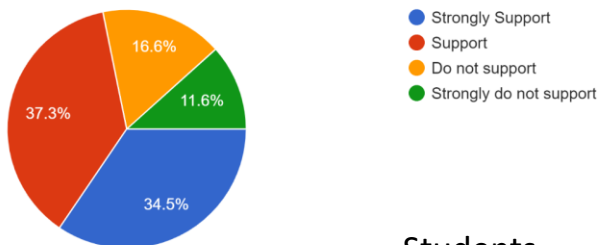
3,023 responses



Parents/Community/Staff

I support changing school times in light of the latest research regarding the teen brain.

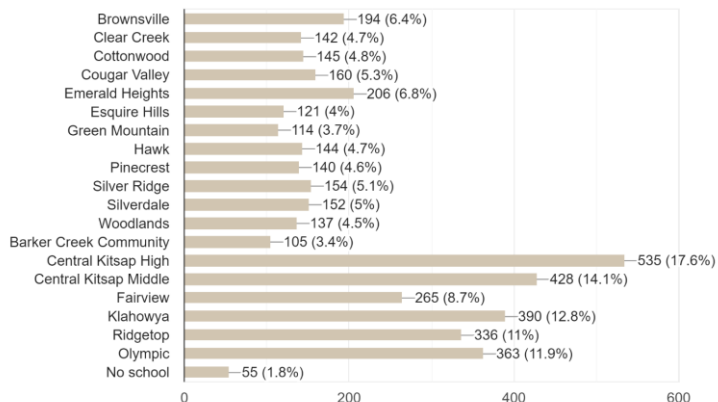
3,524 responses



Students

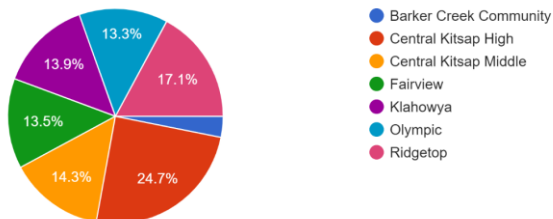
I am attached to this school either as staff or my child attends. Check all schools that apply.

3,044 responses



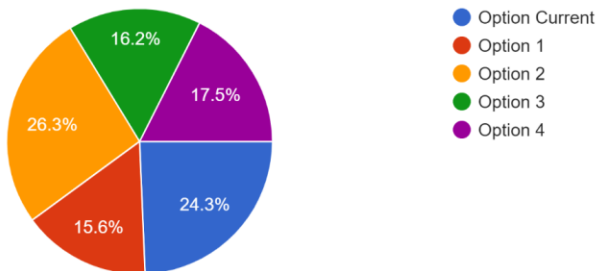
I am student at

3,524 responses



Please identify your preferred option from the table above.

3,044 responses

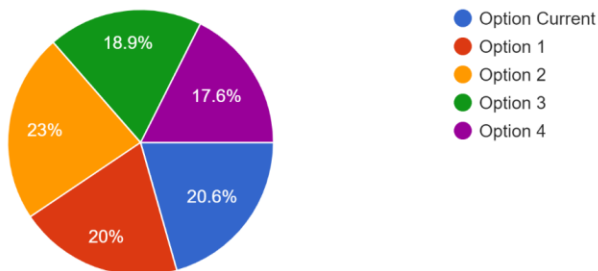


### Preferred Choices:

**Parents,  
Community and  
Staff**

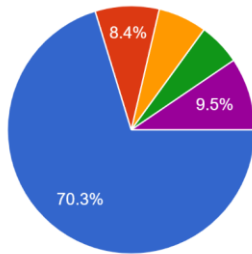
Please identify your second preferred option from table above.

3,044 responses



## What is the greatest strength with this preferred choice?

801 responses



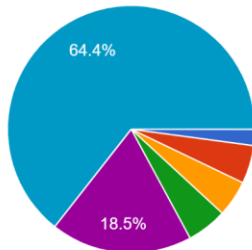
- Research: This option aligns with the science of sleep and best supports...
- Transportation: This time works for being driven, walking, using the sch...
- Childcare: This time works best for before or after school childcare for...
- Safety: There is ample light for my child(ren) to walk or wait for the bus.
- Activities: There is time for students to participate in after school activities...

## Option 2 Strengths and Concerns:

## Parents, Community and Staff

## Even though this is my first choice, I am still concerned that

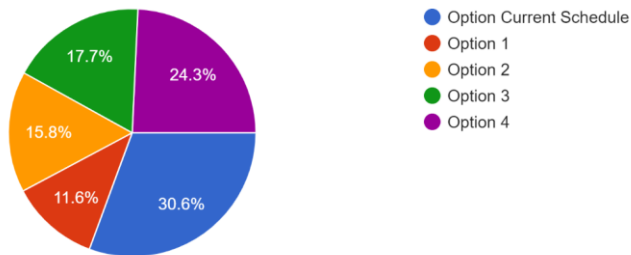
801 responses



- Research: This option doesn't align with the science of sleep and does...
- Transportation: This time doesn't work for being driven, walking, using the...
- Childcare: This time doesn't work best for before or after school childcare f...
- Safety: There isn't ample light for my child(ren) to walk or wait for the bus.
- Activities: There isn't time for stude...
- No concern

Please identify your preferred option from the table above.

3,524 responses

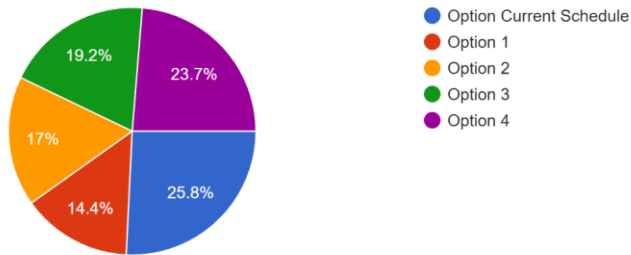


Preferred Choices:

Students

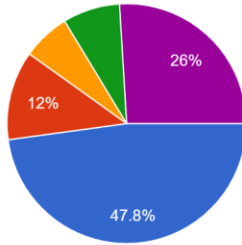
Please identify your second preferred option from table above.

3,524 responses



## What is the greatest strength with this preferred choice?

855 responses

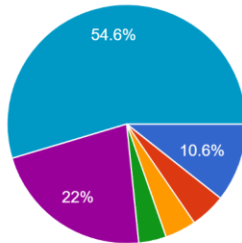


- Research: This option aligns with the science of sleep and best supports...
- Transportation: I can be driven, use the bus, walk or use public transpor...
- Childcare: This time works best for before or after school supervision fo...
- Safety: There is ample light for me to wait for the bus or walk to school
- Activities: There is time for me to participate in after school activities...

## Option 4 Strengths and Concerns: Students

## Even though this is my first choice, I am still concerned that

855 responses



- Research: This option doesn't align with the science of sleep and best s...
- Transportation: I can't be driven, use the bus, walk or use public transpor...
- Childcare: This time doesn't work best for before or after school supervisio...
- Safety: There isn't ample light for me to wait for the bus or walk to school
- Activities: There isn't time for me to...
- No concern

# Next Steps

- Gather additional information through focus groups with students regarding Option 4
  - What was important for students
  - What concerns do they still have
- Gather additional information about Option 1 and 2 through survey
  - What was important for adults
  - What concerns do they still have
- Move November meeting to allow for additional data collection